



Lesson Plan

What's the deal with mistletoe and Christmas?

Overview:

This reading activity provides probable explanations on how mistletoe became associated with Christmas.

Curriculum Areas:

Science, Reading and Writing

Objectives:

The main objective is for students to learn about the mistletoe plant and its basic characteristics. Students also will learn about two ancient legends that may explain how mistletoe became associated with Christmas customs.

Implementation Ideas:

With the printed publication, students can independently complete the reading assignment. As a pre-reading activity, the concept of legends and how they influence customs and beliefs can be explored. The teacher can bring in a mistletoe plant and ask the students to speculate as to how it became part of the Christmas customs.

Assessment:

A student worksheet, which is designed to assess reading comprehension, and the teacher key are provided online.